



Lethbridge Figure Skating Club

Chinook Open Invitational

Figure Skating Competition

April 9th, 10th, and 11th, 2010



Lethbridge, Alberta

*Nicolas Sheran Ice Arena
401 Laval Blvd West*

*Civic Ice Center
Stafford Drive & 6th Ave S*

Sanctioned by:



Sanction # 4945

HOST CLUB INFORMATION

Event Name: Chinook Open Invitational 2010

Event Dates: April 9th, 10th, 11th 2010

Host Club Name: Lethbridge Figure Skating Club

Competition Chairperson(s):

Name: Tanya Whipple
 Phone / Email address: 403-381-7240 / tanyaw@lethbridgeskating.com
 Renetta Beler
 403-524-1371 / renetta@lethbridgeskating.com

Technical Representative:

Name: Deirdre Coburn
 Phone / Email address: 403-328-3359 / deirdre.coburn@gmail.com

Asst. Technical Representative: Krystyna Banas
krystyna.banas@mail.mcgill.ca

Arena Details:

Nicholas Sheran
 401 Laval Blvd. W.
 Lethbridge, AB
 Ice Dimensions 200'x85'

Civic Ice Center
 6th Ave. and 9th St. S.
 Lethbridge, AB 403-320-3062
 Ice Dimensions 186'x83 1/2'

Registration Times: Please register 1 hour prior to event (1/2 hour prior for 8 am events)

Accommodation Information:

Host Hotel: Heidelberg Inn
 Address: 1303 Mayor Magrath Dr. South
 Phone: 403-329-0555 or 1-800-791-8488

Other Hotels:

Name:	Lethbridge Lodge	Holiday Inn Express	Super 8 Lodge
Phone:	1-800-661-1232	1-866-394-9292	1-800-661-8091

GENERAL INFORMATION

1. The Event is being held under the current rules of the Association Official Rulebook (revised 2000) and any amendments thereto which became effective after that date. The nature of the Event is defined in the Skate Canada Technical Handbook, 5000 Competitive Program. The Association reserves the right to alter the overall procedures to be followed during any part of the Event, if such alteration is considered to be in the best interest of the skaters or the Association. The Technical Representative, Chief Referee, or Senior Referee present will be the agent of the Association in such an instance.

2. CATEGORIES: The following Categories are to be held:

- Starskate Elements
- Starskate Freeskate Programs
- Interpretive
- Similar Pairs
- Team Events

3. SYSTEM OF MARKING:

One by One (6.0), closed marking will be used for all Categories.

4. PRACTICE ICE: Practice Ice will not be available

5. SCHEDULE OF PRACTICE TIMES AND EVENT SCHEDULE:

Will be posted on the website www.lethbridgeskating.com as soon as possible after closing of entries. Schedules will be emailed if requested to tanyaw@lethbridgeskating.com Please check website for final schedule.

6. ENTRIES: Entrants in Events shall be:

1. Eligible persons as defined in Skate Canada Rule Book Section 2100
2. Be Associate members in good standing of the Association.

Registration forms **must be completed in FULL** or they may not be processed!

Restriction of Entries – IF NECESSARY ENTRIES MUST BE LIMITED TO ADHERE TO THE GUIDELINES FOR HOURS OF COMPETITION – see Interclub Manual for specific details

- a) Skaters may only enter into ONE event in each category.
- b) Skaters may register in only one short/elements program event and one free skate event.
- c) Skaters may only enter FOUR events.

Skaters entering multiple events do so with the understanding that there may be conflicts that cannot be resolved.

7. CLOSING DATE OF ENTRIES: All entries must be received no later than February 26th, 2010. In the event of a postal disruption it is the responsibility of the competitor to ensure that their entry is in to the Host Committee Registration person by the closing date, at their own expense. ALL QUALIFYING TESTS MUST BE PASSED BY February 26th.

8. ENTRY FEES:

- \$50** First Event
- \$25** each additional event
- \$50** Team Event (\$12.50 each skater)
- \$30** Pairs (\$15.00 each Skater)

Late entries may be accepted until March 8th, 2010 at the discretion of the technical representative in consultation with the competition chair person at double the entry fee.

Cheques or money orders should be made payable to: *Lethbridge Figure Skating Club*

CHEQUES POSTDATED AFTER THE CLOSE OF ENTRIES WILL BE RETURNED, REGISTRATION WILL NOT BE PROCESSED

THERE WILL BE A \$25.00 CHARGE FOR ANY NSF CHEQUES RECEIVED

9. MUSIC REGISTRATION: (Rule 5705).

Each skater or pair will provide **2 CDs TWO COPIES MUST BE COLLECTED AT REGISTRATION** for the competition upon registration. One for competition (marked as 'Master') and one for back up (marked 'copy'). The competition copy will be played during practices and competition.

Competitors are responsible for the recovery of their music at the completion of the Event.

Standard Specifications for Cassettes and CDs:

SKATERS MUST HAVE A BACK UP CASSETTE FOR ALL EVENTS.

- 1) Only one (1) program shall be recorded on each cassette or CD.
- 2) The start of the music shall be recorded on the tape or CD at least 3 seconds following the head leader and not more than 5 seconds.
- 3) Music shall be recorded at equal levels on both left and right channels in stereo.
- 4) Competitor's name followed by music time (not skating time) shall be clearly printed on side one of the cassette or CD.
- 5) Music recording levels shall be a maximum of 0VU and a minimum of -8VU.
- 6) Cassettes or CD's must be marked with the skater's name, Category and total music time and they must be enclosed in their integral container, also marked accordingly.

10. ACCIDENTS: The Association and Committee of the Host Club undertake no responsibility for damages or injuries suffered by the skater. As a condition of and in consideration of their entries in this Competition, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by, or connected with the conduct and management of the competitions. An agreement must also be deemed to release any and all claims they may have against the officials, the Association, the Host Club, and their officers. Entries shall be accepted only in accordance with these conditions.

11. REFUND OF ENTRY FEES: Entry fees shall be refunded only if the event is not held or if the entry is withdrawn before the date of close of entries, Feb. 26th, 2010 (Skate Canada Rule 7000 – 1.5 (2)).

12. REGISTRATION: Skaters must register at least one hour prior to their scheduled Category or practice. Music must be turned in at the time of registration. **(2 copies of music must be registered)**. Skaters must report to the Ice Captain one hour prior to their scheduled Category.

13. FLIGHT SYSTEM: If the number of competitors in a Category warrants it, a flight system will be used. In the STARSkate categories flights would be determined by skaters' ages.

14. EVENT SPECIFICATIONS: In normal circumstances, each category offered at the competition will be held for men and women separately. It is permissible for events that do not progress skaters on to a subsequent level of Interclub competition to combine events as follows:

1. Combine two or more categories in the same event when each category has fewer than three entries;
2. Combine two or more categories in the same event when one category has insufficient entries to hold the event;
3. Combine men and women in events when insufficient entries are registered in one to hold the event.

The decision to combine events is at the discretion of the Technical Representative and the Host Committee. In any of the above cases, categories may be combined – only with full prior knowledge and agreement of all competitors affected. If a category is not held, due to a lack of competitors, the Host Committee will inform competitors and return entry fees.

15. CANCELLATION OF EVENTS: The host club reserves the right to cancel events.

16. SKATING UP:

Skating up one level is allowed. However, competitors must register in **ONLY ONE** level of the same Category (ie, one freeskate, one elements, etc). When skating up program must meet the criteria for the higher level.

17. COACH ACCREDITATION: All coaches must be minimally certified NCCP Level 1, Level 1 CanSkate Coach or Level 1 STARSkate Primary Coach and carry their Photo ID card indicating current membership within the Association and a valid First Aid certificate. A maximum of 5 Program Assistants may accompany a certified coach to assist with FunSkate competitions. Coaches are expected to register at the registration desk.

18. AWARDS: It is the responsibility of any skater receiving a medal to wear their skates and skating attire for the medal presentation.

19. WARM UP TIMES: Skate Canada has standardized warm up times for all events. They are as follows:

Team Events	3 minutes
Interpretive, Element Programs	4 minutes

STARSkate Freeskate

5 minutes

All other events as specified in the Skate Canada Rulebook.

WARM UP TIMES MAY BE ADJUSTED FOR ENTRY LEVEL EVENTS, AT THE DISCRETION OF THE TECHNICAL REPRESENTATIVE, TO A MIN. OF 3 MINUTES.

ELIGIBILITY AND CATEGORIES

STARSkate EVENTS

COMPETITIVE SINGLES TEST EQUIVALENCIES IN THE STARSkate Events:

Competitive Category (registered at Sectionals; including run-offs at Sectionals)	Events that may be entered at STARSkate events.
Novice and higher in Singles, Pairs and Dance	No events
Juvenile / Pre-Novice Competitive Dance	Free Skate, Pairs, Interpretive, Skating Skills, Triathlon
Juvenile / Pre-Novice Competitive Singles	Pairs, Dance, Interpretive, Biathlon, Skating Skills
Juvenile/Pre-Novice Competitive Pairs	Free Skate, Dance, Interpretive, Skating Skills, Biathlon, Triathlon
Competitive Synchronized Skater	All events

As regulation 4000 –E – 3.1 states, skaters passing Free Skating tests in the competitive test system are granted equivalencies for regular free skating tests as follows:

- Juvenile Competitive Singles Test = Senior Bronze Free Skating Test
- Pre-Novice Competitive Singles Test = Junior Silver Free Skating Test
- Novice Competitive Singles Test = Senior Silver Free Skating Test
- Junior Competitive Singles Test = Gold Free Skating Test

Skaters who have previously passed any competitive test and are no longer competing in the competitive stream must enter the STARSkate Event at the level corresponding to their competitive test or STARSkate test whichever is highest.

STARSkate EVENTS ELEMENTS PROGRAM

Elements Programs will not be skated to music. The skater may determine the order of the elements. Connecting steps are permitted to link the elements. Additional elements or repetition of elements that have failed are not permitted. Rotational movements of more than one full rotation shall be considered extra elements. Small jumps of not more than half a turn may be included in the step sequence.

INTRODUCTORY LADIES/MEN:

- (i) TEST: Competitors must not have passed any portion of the Preliminary Freeskate test.
- (ii) SPECIFICATIONS FOR EVENT: Program length not to exceed 1 minute.
Groups will be given half of the ice surface
 1. Any forward upright spin
 2. Toe loop
 3. Waltz Jump
 4. One forward spiral

PRIMARY LADIES/MEN:

- (i) TEST: Competitors must not have passed **any** portion of the Preliminary Freeskate test.
- (ii) SPECIFICATIONS FOR EVENT: Program length not to exceed 1 minute.
Groups will be given half of the ice surface
 1. Sit spin
 2. Salchow jump
 3. Loop
 4. One forward spiral

PRE-PRELIMINARY LADIES/MEN:

- (i) TEST: Competitors must not have passed the complete Preliminary Freeskate
- (ii) SPECIFICATIONS FOR EVENT: Program length not to exceed 1 minute; not less than half of the ice to be used
This event will use half of the ice surface
 1. Flip jump
 2. Back spin (minimum 2 rotations)
 3. Jump combination – Salchow/toe loop

4. One Backward spiral

PRELIMINARY LADIES/MEN:

- (i) TEST: Competitors must have passed the complete Preliminary Freeskate test
- (ii) SPECIFICATIONS FOR EVENT: Program length not to exceed 1 minute; not less than half of the ice to be used

This event will use half of the ice surface

1. Lutz jump
2. Jump combination - flip/loop
3. Camel/Sit Spin (minimum 2 rotations in each position)
4. Spirals on the left and right foot (may be performed separately or in sequence)

JUNIOR BRONZE LADIES/MEN:

- (i) TEST: Competitors must have passed the complete Junior Bronze Freeskate test
- (ii) SPECIFICATIONS FOR EVENT: Program length not to exceed 1.5 minutes, the full ice surface to be used
 1. Axel
 2. One other double or single jump
 3. Jump Combination – any single or double jump followed by a Loop
 4. Combination spin – at least one change of position with one change of foot (minimum 2 rotations in each position)
 5. One (1) spiral on each foot in sequence
 6. Footwork sequence (any pattern using the full ice surface)

SENIOR BRONZE LADIES/MEN:

- (i) TEST: Competitors must have passed the complete Senior Bronze Freeskate test
- (ii) SPECIFICATIONS FOR EVENT: Program length not to exceed 2 minutes; the full ice surface to be used
 1. Axel
 2. Double Toe jump
 3. Jump combination - any single jump followed by a single or double jump
 4. Any flying spin (minimum 3 rotations)
 5. Combination spin – at least one change of position with one change of foot (minimum 2 rotations in each position)
 6. Combination of spirals on each foot and one other field move in sequence
 7. Footwork sequence (any pattern using the full ice surface)

JUNIOR SILVER LADIES/MEN:

- (i) TEST: Competitors must have passed the complete Junior Silver Freeskate test
- (ii) SPECIFICATIONS FOR EVENT: Program length not to exceed 2 minutes; the full ice surface to be used
 1. Axel
 2. Double Loop jump
 3. Jump combination - any single or double jump followed by a double jump
 4. Combination spin – at least two changes of position with one change of foot (minimum 2 rotations in each position and minimum 4 rotations on each foot)
 5. Any flying spin (minimum 3 rotations)
 6. Combination of spirals on each foot and one other fields move in sequence
 7. Footwork sequence (any pattern using the full ice surface)

SENIOR SILVER LADIES/MEN:

- (i) TEST: Competitors must have passed the complete Senior Silver Freeskate test
- (ii) SPECIFICATIONS FOR EVENT: program length not to exceed 2 minutes 40 seconds; the full ice surface to be used
 1. Axel
 2. Double Flip jump
 3. Jump sequence - 3 or more jumps including at least 2 double jumps
 4. Camel change camel (minimum 5 rotations on each foot)
 5. Flying sit spin (minimum 5 rotations)
 6. Combination of 3 field moves in sequence
 7. Footwork sequence (any pattern using the full ice surface)

GOLD LADIES/MEN:

- (i) TEST: Competitors must have passed the complete Gold Freeskate test
- (ii) SPECIFICATIONS FOR EVENT: Program length not to exceed 2 minutes 40 seconds; the full ice surface to be used
 1. Axel or double Axel
 2. Double Lutz jump
 3. Jump combination - 2 double jumps or a double and a triple jump (attempted in any order)
 4. Any flying spin - (minimum 5 rotations)
 5. Combination spin – at least two changes of position with 1 change of foot (minimum 2 rotations in each position and minimum 5 rotations on each foot)
 6. Combination of 3 field moves in sequence
 7. Footwork sequence (any pattern using the full ice surface)

STARSkate CATEGORIES FREESKATE CATEGORIES

INTRODUCTORY FREESKATE

- (i) TEST: Must not have passed **any** portion of the Preliminary Freeskate test.
- (ii) SPECIFICATIONS FOR EVENT: Freeskate Program to music of 1 or 1.5 minutes in length (+/- 10 seconds) **MAY INCLUDE JUMPS; WALTZ, SALCHOW AND TOE LOOP BUT NO HIGHER JUMP OF ONE OR MORE REVOLUTIONS. HIGHER JUMPS IF ATTEMPTED WILL BE GIVEN NO CREDIT. IN ADDITION A DEDUCTION OF 0.1 WILL BE TAKEN FOR EACH FORBIDDEN ELEMENT.**

PRIMARY FREESKATE

- (i) TEST: Must not have passed **any** portion of the Preliminary Freeskate test.
- (ii) SPECIFICATIONS FOR EVENT: Freeskate Program to music of 1 or 1.5 minutes in length (+/- 10 seconds) **MAY INCLUDE JUMPS; LOOP AND FLIP BUT NO HIGHER JUMP OF ONE OR MORE REVOLUTIONS HIGHER JUMPS IF ATTEMPTED WILL BE GIVEN NO CREDIT. IN ADDITION A DEDUCTION OF 0.1 WILL BE TAKEN FOR EACH FORBIDDEN ELEMENT.**

EVENTS BELOW WILL BE JUDGED ACCORDING TO THE 2009 / 2010 WELL BALANCED PROGRAM CRITERIA AS WRITTEN IN THE SKATE CANADA STARSkate PRE EVENT TECHNICAL PACKAGE

For the following events please refer to the Skate Canada 2009/2010 STARSkate Pre Event Technical Package

- PREPRELIMINARY FREESKATE
- PRELIMINARY FREESKATE
- JUNIOR BRONZE FREESKATE
- SENIOR BRONZE FREESKATE
- JUNIOR SILVER FREESKATE
- SENIOR SILVER FREESKATE
- GOLD FREESKATE

INTERPRETIVE CATEGORIES

COSTUME REQUIREMENT FOR ALL INTERPRETIVE CATEGORIES The clothing for all competitors must be modest, dignified and appropriate for athletic competition – not garish or theatrical in design. Accessories and props are not permitted.

Program Requirements and Specification as listed in the STARSkate Pre Event Technical Package.

Skaters may enter only one Interpretive Category.

1. PRE- INTRODUCTORY INTERPRETIVE
2. INTRODUCTORY INTERPRETIVE
3. BRONZE INTERPRETIVE
4. SILVER INTERPRETIVE
5. GOLD INTERPRETIVE

PAIRS CATEGORY - SIMILAR

INTRODUCTORY PAIRS

- (i) TEST: Each of the partners must not have passed any pair test, either or both partners must have passed the complete Preliminary Free Skate Test but no higher.
- (ii) SPECIFICATIONS FOR EVENT: One program 2.0 minutes in length

BRONZE PAIRS

- (i) TEST: Each of the partners must not have passed any pair test, either or both partners must have passed the complete Junior Bronze Free Skate Test but no higher.
- (ii) SPECIFICATIONS FOR EVENT: One program 2.0 minutes in length

SILVER PAIRS

- (i) TEST: Either or both of the partners may have passed a pair test, either or both partners must have passed the complete Senior Bronze Free Skate Test but no higher.
- (ii) SPECIFICATIONS FOR EVENT: One program 2.0 minutes in length

GOLD PAIRS

- (i) TEST: Either or both of the partners may have a passed a pair test, either or both partners must have passed the complete Junior Silver Free Skate or higher.
- (ii) SPECIFICATIONS FOR EVENT: One program 2.5 minutes in length

STARSkate PROGRAM TEAM EVENT

This is intended as a fun event. Teams will consist of 4 skaters from the same club. Teams may be mixed or similar. Coaches must be at ice surface with their skaters. Elements will be performed in isolation. **Each team will complete all their elements before the next team performs.** Each team may decide in advance which skater will perform each element.

INTRODUCTORY

For those skaters who have not yet passed any portion of the Preliminary Freeskate test

1. Waltz Jump
2. 1 Foot Spin
3. Toe Loop/Toe Loop combination
4. Forward Outside Spiral

PRIMARY

For those skaters who have not yet passed any portion of the Preliminary Freeskate test.

1. Loop Jump
2. Sit Spin with Backward Crossover entry
3. Waltz jump/Toe Loop Combination
4. Forward Inside Spiral

PRE-PRELIMINARY

Skaters must not have passed ANY portion of the Preliminary Freeskate test.

1. Flip Jump
2. Sit Spin
3. Salchow/Toe Loop Combination Jump
4. Backward Outside Spiral

PRELIMINARY

Skaters must have passed the Preliminary Freeskate test but no higher complete Freeskate test.

1. Lutz Jump
2. Camel Spin
3. Loop/Loop Combination Jump
4. Backward Inside Spiral

JUNIOR BRONZE

Skaters must have passed the Junior Bronze Freeskate test but no higher complete Freeskate test.

1. Axel
2. Camel/Sit Spin
3. Lutz/Loop Combination Jump
4. Two Spirals in Sequence, one on each foot, different edges

SENIOR BRONZE

Skaters must have passed the Senior Bronze Freeskate test but no higher complete Freeskate test.

1. Double Toeloop Jump
2. Flying Camel back sit Spin
3. Jump Combination consisting of 1 single and 1 double jump
4. Combination of Spirals using each foot

JUNIOR SILVER

Skaters must have passed the Junior Silver Freeskate test but no higher complete Freeskate test.

1. Double Loop Jump
2. Combination Spin with at least 2 positions and 1 change of foot
3. Jump Combination consisting of 1 single and 1 double jump (double jump must be second)
4. Circular Footwork Sequence using full width of ice

SENIOR SILVER

Skaters must have passed the Senior Silver Freeskate test but no higher complete Freeskate test.

1. Double Flip Jump
2. Flying Sit Spin
3. Jump Combination consisting of at least 2 double jumps
4. Combination of 3 Field Movements in Sequence

GOLD

Skaters must have passed the complete Gold Freeskate test.

1. Double Flip or Lutz Jump
2. Spin Combination with at least 3 positions and 1 change of foot
3. Jump Sequence consisting of at least 3 jumps with a minimum of 2 double jumps
4. Combination of 3 Field Movements in Sequence

**Skate Canada: Alberta - NWT/Nunavut
Chinook Open Invitational 2010 Event Entry Form**
REGISTRATION FORMS NOT COMPLETED IN FULL WILL BE RETURNED UNPROCESSED!!!
ONE REGISTRATION FORM PER EVENT

Competitor's Name	Please circle: Male Female		
Home Address and Postal Code			
Home and Emergency Phone Number			
Skate Canada Number			
Date of Birth	Day	Month	Year
Health Care Number			
Name of Home Club			
Signature of Home Club Officer			
Club Contact Person			
Home Club Phone/Fax / Email			
Category Entering (Men's, Ladies, Pairs, Interpretive, etc)			
Level (Preliminary, Gold)			
Name of Partner (if applicable)			
Title of Interpretive Program			
Music Time			
Test Qualifications (highest passed)	Freestyle:	Elements:	Skating Skills:
<small>*Competitive test equivalencies must be taken into account when registering for Test Stream Events</small>	Dance:	Interpretive:	Competitive:

NOTE: Competitors entering more than one Category must complete an entry form for EACH Category

RETURN FORM TO:	Lethbridge Figure Skating Club 946 - 12 th St. A. South Lethbridge, Alberta T1J 2T7	BY:	February 26 th , 2010
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ENTRY FEES:	\$50 ~ First Event \$25 ~ Each additional event \$30 ~ Similar Pairs \$50 ~ Team Event (\$12.50/skater)	CHEQUES PAYABLE TO: Lethbridge Figure Skating Club
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Participant's Release

By my participation in this event, I consent to the known and foreseeable physical risks inherent in the sport of figure skating. These risks include, but are not limited to: travel to and from the arena, ice conditions, equipment failure, falls, collisions with other participants and/or instructors, and facility conditions. In assuming these risks, I, the undersigned, forever release, for myself, my heirs, and any person acting on my behalf, the Host club and Skate Canada: Alberta-NWT/Nunavut, and its directors, employees, volunteers, coaches, officials, instructors, independent contractors, agents and sponsors, from any claim arising from any illness of injury to my person as a result of my participation in this activity.

Participant's Name (print):	Participant's Signature:
Date:	
If under the age of 18 years:	
Parent's Signature:	Address:
Name of Coach (please print)	Signature and verification of event entered

Forms may be returned if not completed in full and signed.

**Skate Canada: Alberta - NWT/Nunavut
Chinook Open Invitational 2010 Event Entry Form
Team / Pairs Events Entry Form
Submit one entry form (and payment) per team/pair**

Team Name			
Team Members 1.		2.	
3.		4.	
Emergency Phone #			
Name of Home Club			
Club Contact Person		Club Contact Phone #	
Club E mail address		Club Fax #	
Name of Coach		Coach Phone #	
Circle in which event the STARSkate team or pair is registering.	STARSkate Team Event		Pairs Categories
	Introductory	Primary	Introductory Pairs
	Pre-Preliminary	Preliminary	Bronze Pairs
	Junior Bronze	Senior Bronze	Silver Pairs
	Junior Silver	Senior Silver	Gold Pairs
Gold			
Test Qualifications (highest passed amongst the team)	Freeskate	Interpretive	Competitive

Return Form by February 26th, 2010

to: Lethbridge Figure Skating Club
946 - 12th St. A. South
Lethbridge, Alberta
T1J 2T7

Cheques Payable to: Lethbridge Figure Skating Club

Entry Fees **Team event - \$50 ~ (\$12.50/skater)**
 Pairs event - \$30 ~ (\$15.00/skater)

Participant's Release

By my participation in this event, I consent to the known and foreseeable physical risks inherent in the sport of figure skating. These risks include, but are not limited to: travel to and from the arena, ice conditions, equipment failure, falls, collisions with other participants and/or instructors, and facility conditions. In assuming these risks, I, the undersigned, forever release, for myself, my heirs, and any person acting on my behalf, the Host club and Skate Canada: Alberta-NWT/Nunavut, and its directors, employees, volunteers, coaches, officials, instructors, independent contractors, agents and sponsors, from any claim arising from any illness of injury to my person as a result of my participation in this activity.

Signature of Home Club Officer	Coaches signature verifying accuracy of entry	
Participant's Name (print)	Participant's Signature	Parent's Signature
Participant's Name (print)	Participant's Signature	Parent's Signature
Participant's Name (print)	Participant's Signature	Parent's Signature
Participant's Name (print)	Participant's Signature	Parent's Signature
Date	Parents must sign if participant is under 18 years of age.	